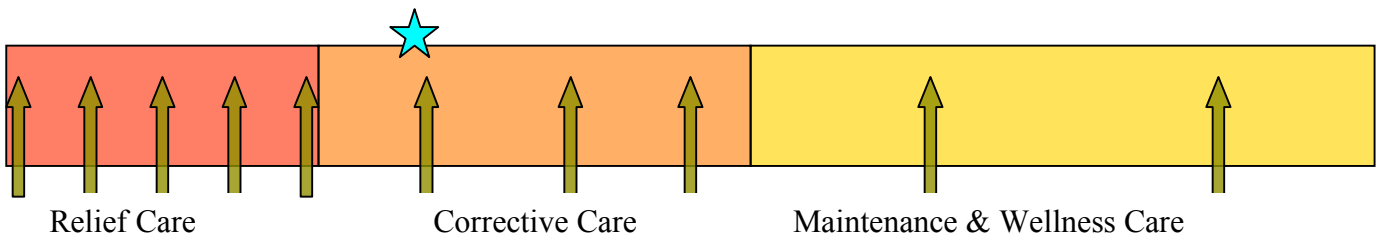


Treatment Strategy - A New Approach

This section will explain how your treatment will be addressed during your visits at Life Healing Life. For example: If you have a diagnosis and explanation of deficient qi (or energy) in the TCM diagnosis section, this section would outline the treatments principles and concepts that would be used to help increase your qi and return it to a healthy level. -

Timeline - Journey to Wellness



Prognosis - What to Expect

This section will outline a reasonable set of expectations for what the outcome of your treatments might be and how long these expectations might take to achieve. -----

Measurable Objectives - On Your Way

This section will outline some smaller goals that you should achieve along your way to reaching your overall goal. These goals will help you determine how well your treatments are working and give you an opportunity to understand how interconnected your body and mind are. For example, if you are diagnosed with qi (energy) deficiency and your treatment strategy is to tonify (build-up) qi with the ultimate goal of improving chronic

fatigue, some measurable objective might include seeing improvements in digestion, less anxiety and fewer episodes of spontaneous sweats (all other symptoms of qi deficiency). -

Practitioner Role - Life Healing Life

This section will outline the role Nicole will play in your treatment and her obligations to you as a practitioner and person. -----

Patient Role - Living Well

This section will outline your role on your journey towards wellness. It will include lifestyle, dietary and other suggestions (often given in additional attachments) that are custom tailored to your diagnosis, personality and stage in life. You can look at this section and try some of the suggestions exactly or simply use the suggestions as a springboard to find your own ideas on what you might do to help-yourself. -----

Additional Comments

This section contains final thoughts and encouragement as you begin a new journey!

Practitioner

Patient*

***Your signature here does not obligate you to Life Healing Life in any way; it is only a way to signify your willingness to think about the content of your report of findings and use it as you best see fit!**